

# WORKING AT HEIGHT

1. WHEREVER POSSIBLE **AVOID** WORKING AT HEIGHT.

2. Where Work at Height **CANNOT** be avoided, work from a **SUITABLE** Platform, e.g. MEWP, Cherry Picker or Aluminium Tower Scaffold.



3. Where Work at Height **CANNOT** be carried out from a Platform use a **SUITABLE** set of steps.

4. When choosing a set of steps you must:

- Discuss the problem with the Site Supervisor and if he agrees that the use of steps **CANNOT** be avoided, carry out a Risk Assessment and jointly agree on the **MOST SUITABLE** set of steps for the task. Make the necessary changes to your JHA.

- The following hierarchy must be applied when selecting the **MOST SUITABLE** set of steps:

➤ 1<sup>st</sup> Choice –Podium Steps (Enclosed on 4 Sides). **Work hands free.**



➤ 2<sup>nd</sup> Choice –Platform Steps (Enclosed on 4 Sides). **Work hands free.**



➤ 3<sup>rd</sup> Choice –Platform Steps (Enclosed on 3 Sides). **Work hands free.**

